

STRINGS SPECIAL

Try a demo while we change your strings

Rule #1:

You **MUST** string your racquet with fresh strings twice as many times a year as you play weekly.

Translation: if you play **once a week**, you should restring your racquet **twice a year**.

Rule #2:

Fresh strings protect you from repetitive stress injuries such as tennis elbow, old strings promote injuries.

Translation: Do not postpone getting fresh strings.

Rule #3:

Technology has improved tremendously. You can enhance your game with:

- Spin Strings
- Long lasting strings
- Touch Strings

Rule #4:

Tension can enhance your game.

- Lower tensions give you more feel, power, and are easier on the arm. You do not have to swing as hard.
- Higher tensions give you more control, and are harder on the arm. You can swing as hard as you want.

Rule #5:

Do NOT WAIT TO BREAK STRINGS TO RESTRING

