

# INTRODUCING THE **HOT NEW** **POWER PRIVATE LESSON**



Facts: there are two types of tennis practices

1. **Dead ball drills:** The Pro is feeding you balls from the cart while giving you feedback

**Pros and Cons** - DBDs are great for **technique enhancement** because of the **rhythm** the pro creates, but bad for real live action because your opponent sole purpose is to ruin your rhythm. What often happens is you play great during your lesson but **cannot reproduce it on your own.**

2. **Live ball drills:** You are involved in a real live rally with specific guidelines and goals.

**Pros and Cons** - LBDs are great for **action packed** practices but not great for technical corrections because while you play (each swing can last as long as 1/50<sup>th</sup> of a second), **the game goes too fast to make any sort of adjustments.**



## What is the **Power Private Lesson?**

When the Head Pro is hitting with you, he can only give you so much feed back because he is on the other side of the net. Meanwhile, everything technical in tennis happens right next to your hip/body. The Head Pro's time is better used on your side of the net.



Solution: **The POWER PRIVATE**

**With the help of a qualified assistant pro providing the hitting and rhythm, the head pro can be by your side to give you live feedback and make the necessary correction to help you fix and fine tune your strokes as you play.**

Try a Power Private Today! Call Yann at 202 255 7754 or

email: [suttonracquetclub@gmail.com](mailto:suttonracquetclub@gmail.com)

Your game will improve **50% faster** in a power private!

### Price:

**\$100** per Person for one Player - one Head Pro - one Assistant Pro

**\$90** per Person for two Players - one Head Pro - two Assistant Pro

**\$80** per Person for three Players - one Head Pro - three Assistant Pro

